

# ☪ Day-Trip Onsen in Ito City ☪

## Enjoy Ito Hot Spring!

There are many hot spring facilities in Ito City. Visitors can enjoy an onsen, even without an overnight stay at a ryokan.

★ Bathing Culture in Japan started in the 8th century. According to Buddhist teachings, bathing could exorcize evil spirits and bring in happiness.

### Onsen Quality & Health Benefits

- Mainly simple thermal springs and slightly saline springs
- Health benefits: rheumatism, stroke, broken bones, external injuries and illnesses, chronic rheumatic arthritis, cold hands and feet, bruises, sprains, and burns.

**Recommended Onsen Facilities:** Before you go, please contact the facility to confirm the availability of services.

### <Public Baths>

There are eight public baths in Ito City named after the Ito Seven Deities of Good Luck. Three public baths are recommended below.

Note: You can purchase a soap, shampoo and towel, but not provided in the bathing areas. Swimsuits are not allowed.

Distance frm Ito Sta.	Name	Address	Admission	Hours	Closed	Private Baths	Towel	Parking
5 min	<b>Yukawa Public Bath</b> (or Deity Wealth and God's Bath: Deity of Wealth and Good Fortune)	2-9-9 Yukawa	Adults: 250 Yen Children (age 6-12): 100 Yen Infant (age 3-5): 50 Yen	14:00-22:00	Wednesday	Not available	150 Yen	Not available
7 min	<b>Matsubara Public Bath</b> (or Deity Daikoku's Bath: Deity of Attaining Cherished Desires)	13-3 Matsubara-Honcho	Adults: 250 Yen Children (age 6-12): 130 Yen	15:00-22:45	Tuesday	600 Yen (50 min)	150 Yen	Not available
15 min	<b>Wada Public Bath</b> (or Deity Juroujin's Bath: Deity of Long Life)	2-7-24 Takenouchi	Adults: 300 Yen Age 5 or under: 100 Yen	14:30-22:30	Wednesday	Not available	150 Yen	12 cars

**<Ryokan>** Note: Soap and shampoo are usually provided in the bathing areas. Swimsuits are not allowed.

Distance frm Ito Sta.	Name	Hours	Bath Types	Towel
	Address / Phone	Admission		
3 min	<b>Kameya Rakan</b>	14:00-18:00	★ <b>Private open-air baths with ocean-view</b> (max 6 per bath / reservation required) Rental fee for private open-air bath: 3000 Yen (45 min) * Men's indoor bath has a city view. Women's indoor bath is in the basement.	Rental bath towel: 300 Yen
	2-4-12 Yukawa 0557-37-1515	Adults: 1000 Yen Children (age 6-12): 500 Yen		
11 min	<b>Daitokan</b>	14:00-22:00	★ <b>Open-air bath (women only) &amp; Private Open-air bath</b> * Large indoor baths for men & women * Private lying bath * Private Goemonburo (or iron kettle-shaped bathtub) No reservations required for the private baths.	Rental bath towel: 200 Yen Towel: 100 Yen
	2-23 Suehiro-cho 0557-37-5166	Adults: 700 Yen Children (age 6-12): 350 Yen		
11 min	<b>Yokikan</b>	11:00-15:00	★ <b>Outdoor mixed bath</b> Ride a unique mountain train to the open-air bath on the hill. Note: Visitors cannot use an indoor bath.	Rental bath towel available Towel: 100 Yen
	2-24 Suehiro-cho 0557-37-3101	Adults: 1000 Yen Children (age 6-12): 350 Yen		
12 min	<b>Hotel Dankoen</b>	12:00-17:00	★ <b>Two open-air baths and two large public baths</b>	Rental bath towel: 210 Yen
	1-3-6 Takenouchi 0557-37-0011	Adults: 1000 Yen Children (age 6-12): 600 Yen		

**<Spa Facilities>** Note: Soap and shampoo are usually provided in the bathing areas. Swimsuits are not allowed.

Distance frm Ito Sta.	Name	Hours	Bath Types	Towel
	Address / Phone	Admission		
10 min	<b>Tokaikan</b>	Open on Sat, Sun & Holidays 11:00-17:00	★ <b>Admission to "Tokaikan" included:</b> Visitors can look around inside the building. * This spa facility is placed inside the cultural asset of Ito City, "Tokaikan." The large indoor bath is a uniquely designed and totally tiled from the floor to the wall. Spring water comes from the black rust colored Chinese lion's mouth. * The use of the two indoor baths (small and large) are switched from men to women with the following timetable. M 11:00-12:00 / W 12:30-13:30 / M 14:00-15:00 / W 15:30-16:30 This schedule is subject to change.	Face towel: 150 Yen
	12-10 Matsubara 0557-36-2004	Adults: 500 Yen Children (age 6-12): 300 Yen		
5 min by bus or car	<b>Seaside Spa (Ito Marine Town)</b>	Closed irregularly 10:00-22:00 (last entry 21:00)	★ <b>Large indoor baths (men &amp; women) with ocean view</b> *Sauna*Private jacuzzi (2100 Yen/h) *Relaxation lounge *Massage (2100 Yen ~ /20 min.) *Aroma oil massage (1050 Yen~/10 min.) *Korean body scrub (3700 Yen~/30min.)	Face towel: 100 Yen Rental bath towel: 200 Yen
	571-19 Yukawa 0557-38-1811	Adults: 500 Yen Children (age 3 or older): 250 Yen High season rate applied.		
30 min by car or train	<b>Kogen-no Yu</b>	Closed on the 1st & 3rd Thu/month (Open during holidays and high season) 10:00-22:00 (last entry 21:00)	★ <b>A variety of baths:</b> Open-air bath, Indoor bath, Bubble bath, Waterfall bath, Sauna, Cold bath *Relaxation lounge *Massage chairs *Beauty salon *Onsen tasting *Restaurant	Towel: 100 Yen Rental bath towel: 200 Yen
	5 min walk from Izukogen Sta. 1180 Yawatano 0557-54-5200	Adults: 900 Yen (3 hours) Children (age 4-12): 450 Yen (3hours)		

## How to Take a Japanese Onsen Bath

### ★ Entrance

Take off your shoes before stepping up on the floor.

### ★ Changing Room

Most changing rooms have baskets or lockers. Undress and place your clothing in the basket. It is best not to bring any valuables with you. Use the lockers provided.

Take a small towel (or washcloth) and cover your private areas (if necessary).

At the public baths, soap and shampoo are usually not provided, so bring your own toiletries.

Note: Do not bring bath towels, cameras or recording equipment into bathing areas.

### ★ Cleansing & Bathing Areas

Since the bath is used in common by all, wash your body, hair and face before entering the bath.

Note: Keep the cleansing & bathing areas clean.

After washing yourself completely, you may enter the bath. As the water is usually hot, check the temperature with hand or foot.

Note: Do not put the small towel (or washcloth) in the water.

Do not stay in the hot spring too long, otherwise you may feel dizzy. It is a good idea to soak for a short time, then cool off. Repeat this practice.

*Feel relaxed!*



One of the most famous hot springs in Japan

*Ito Hot Spring*

伊東温泉

The information contained in this document is as of March 2011 and subject to change without notice

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